March 2019

Blue Water Rest Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:15 Small Group Exercise Classes (H) 10:15 Small Group Exercise Classes (S) 11:00 PTA Walks 11:00 Drum Circle (S) 1:30 Heat Therapy (H&S) 2:00 World Day of Prayer Celebration (Front Lobby/Risi Room)	**2** 10:00 Seasonal Decorating: St. Patrick's Day 2:00 Entertainment with Martin Gelinas (H)
3 **1:00 Sunday Worship (C)** 2:00 Happy Hour (WH)	**4** 9:15 Small Group Exercise Classes (S) **10:00 Drink Cart with Joan** **10:00 Card Making (S)** **10:30 Bible Reading (H)** 1:30 Heat Therapy (H&S) 2:00 Trivia: Name Edition (H)	**5** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) 11:00 PTA walks **10:30 Tuck Cart with Eloise** 2:30 Ice Cream Social (S) 3:00 Intergenerational Songs and Stories (S) **3:30 Pet Therapy visits: Laura & Quinn** 6:30 Entertainment with Leavin' Tracks (H) Mardi Gras	**6** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) **10:00 Pet Therapy: Donna & the girls** 11:00 PTA walks **11:00 Chapel Service with Pastor Randy Banks (United) (C)** 1:30 Heat Therapy (H&S) 2:00 Euchre (WH) **3:30 Saying the Rosary & Catholic Mass: Ash Wednesday Service (C)** Ash Wednesday	**7** 10:00 Cranium Crunches (H) 1:30 Ipods for Memories 2:00 Wheel of Fortune (S) **4:00 Manicures (WH)** 4:00 Bocce Ball (H) 6:00 Tender Tootsies (H)	**8** 9:15 Small Group Exercise Classes (S) **9:30 Baking with Dawne: St. Patty's Day treats (S)** 10:15 Small Group Exercise Classes (H) 11:00 PTA Walks 1:30 Heat Therapy (H&S) **2:00 Entertainment with The Grand Bend Music Group (H)**	**9** **BARBERSHOP** 10:00 Craft Corner: Egg Carton Flower Wreath (S) 2:00 Reminisce: Genealogy Day (Family Tree Activity) (H)
10 **11:00 Sunday Worship (C)** 2:00 Horse Races (H) Daylight Saving Time Begins	**11** 9:15 Small Group Exercise Classes (S) **10:00 Drink Cart with Joan** **10:30 Bible Reading (H)** 1:15 Craft Corner: St. Patrick's Day craft with Community Living Clients (S) 2:30 Painting with Jayne (S)	**12** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) 11:00 PTA Walks **10:30 Tuck Cart: Ladies Aux.** 2:30 Ice Cream Social (S) 3:00 Intergenerational Songs and Stories (S) **3:30 Pet Therapy visits: Laura & Quinn** 6:30 Name that "Irish" Tune (H)	**13** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) **10:00 Pet Therapy visits: Donna & the girls** 11:00 PTA walks **11:00 Chapel Service with Rev. Dr. Kate Crawford (United) (C)** 1:30 Heat Therapy (H&S) **2:30 Entertainment with Joyful Noise (H)**	**14** 10:00 Stories (H) 1:30 Ipods for Memories **3:00 Saying the Rosary & Catholic Mass (C)** **4:00 Manicures (WH)** 4:00 Balloon Volleyball (H) 6:00 Hand Therapy (H)	**15** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) 9:30-11:00 Music Therapy Visits 11:00 Drum Circle (S) **2:00 Community Living Bingo**	**16** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) 2:00 Painting (S)
17 **11:00 Sunday Worship (C)** 2:00 Bingo (S) St. Patrick's Day	**Dress in your Green Gear!!** **18** 9:15 Small Group Exercise Classes (S) 10:00 Small Group Exercise Classes (H) **10:00 Drink Cart with Joan** **10:30 Bible Reading (H)** 2:00 St. Patrick's Day Social (H)	**19** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) 11:00 PTA walks **10:30 Tuck Cart with Eloise** 2:30 Ice Cream Social (S) 3:00 Intergenerational Songs and Stories (S) **3:30 Pet Therapy visits: Laura & Quinn** 4:00 Library Book Exchange: pick up **7:00 Entertainment with CRC Choir (H)**	**20** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) **10:00 Pet Therapy visits: Donna & the girls** 11:00 PTA walks **11:00 Chapel Service with Pastor Ryan Jantzi (Mennonite) (C)** 1:30 Heat Therapy (H&S) 2:00 Euchre (WH) Spring Begins	**21** 10:00 Sensory Stimulation 1:30 Ipods for Memories 2:00 Library Book Exchange **3:00 Saying the Rosary & Catholic Mass (C)** **4:00 Manicures (WH)** 4:00 Bean Bag Toss (H) 6:00 Movie Night: I Love Lucy (S) Purim	**22** 8:00 Men's Breakfast (WH) 9:15 Small Group Exercise Classes (S) **9:30 Baking with Dawne: Muffins (S)** 10:15 Small Group Exercise Classes (H) 11:00 PTA Walks 1:30 Heat Therapy (H&S) 2:00 Bocce Ball (S)	**23** 10:00 Craft Corner: Flower Making (S) 2:00 Mini Putt (S)
24 **11:00 Sunday Worship (C)** 2:00 Trivia: Movie Edition (H)	**25** 9:00-11:00 Coffee & Muffin Fundraiser (WH) 9:15 Small Group Exercise Classes (S) **10:00 Drink Cart with Joan** **10:30 Bible Reading (H)** 1:30 Heat Therapy (H&S) 2:00 Concentration: Spring Edition (H) 4:00 Cranium Crunches (S) 6:00 Games Galore & visit from the Zurich Scouts Club (H)	**26** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) **10:30 Tuck Cart with Eloise** 11:00 PTA walks 12:00 Diner's Club: KFC (Sign up*) (WH) 2:30 Ice Cream Social (S) 3:00 Intergenerational Songs and Stories (S) **3:30 Pet Therapy visits: Laura & Quinn** **6:30 Entertainment with Lakeview Choir (WH)**	**27** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (H) 11:00 PTA walks **10:00 Pet Therapy visits: Donna & the girls** **11:00 Chapel Service with Pastor John Trembulak (Lutheran) (C)** 1:30 Heat Therapy (H&S) 2:00 Resident/Food Council (S)	**28** 10:00 Reminisce (H) 1:30 Ipods for Memories **3:00 Saying the Rosary & Catholic Mass (C)** **4:00 Manicures (WH)** 4:00 Games Galore (H) 6:00 Hand Therapy (H)	**29** 9:15 Small Group Exercise Classes (S) 10:15 Small Group Exercise Classes (S) 11:00 PTA Walks 1:30 Heat Therapy (H&S) 2:00 Sensory Smoothies (S)	**30** 10:00 Exercise Class (H) 2:00 Wii Games (S)
31 **11:00 Sunday Worship (C)** 1:30 Calendar Delivery & Friendly Visits	**Weekly/Monthly Activities** -Wheelchair and walker repairs H&S (Mondays) -Spiritual Counselor (Wednesdays 9am-4pm) -Pet Therapy visits -1:1 Staff /Volunteer /VON visits - BSO activation support **Daily Activities** -Ex n' Flex -Coffee, Tea & Chats -Intergenerational Mail Delivery					

Legend: **H**- Harvest **S**- Sunset **C**- Chapel **WH**- Wallace Hall Activities in **BOLD** are run by volunteers.

Happy Birthday to:
Mary Husnik March 1st
Marion Plunkett March 4th
Donna Jones March 11th
Wesley McBride March 12th
Alma Martin March 17th
Helen Forster March 18th
Eleanor Riley March 31st