

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2019

## BLUE WATER REST HOME

				<p><b>1</b></p> <p>10:00 Pet Therapy Visits: Donna &amp; the girls  10:00 Cranium Crunches (H)  1:30 Outdoor Walks &amp; Bicycle Rides  <b>3:00 Saying the Rosary &amp; Catholic Communion ONLY(C)</b>  4:00 Manicures (WH)  6:00 Tender Tootsies (H)</p>	<p><b>2</b></p> <p><i>Sip n' Go</i></p> <p>9:15 Small Group Exercise Classes (H)  10:15 Small Group Exercise Classes (S)  11:00 Drum Circle (S)  11:00 Physio Walks  <b>2:00 Community Living Bingo (S)</b></p>	<p><b>3</b></p> <p>9:30 Bicycle Rides  2:00 Name that Tune (H)</p>
<p><b>4</b></p> <p>11:00 Sunday Worship (C)  2:00 Happy Hour: Strawberry Daquiris (Courtyard/WH)</p>	<p><b>5</b></p> <p><b>CIVIC HOLIDAY</b></p>	<p><b>6</b></p> <p>9:15 Small Group Exercise Classes (H)  10:15 Small Group Exercise Classes (S)  <b>10:30 Tuck Cart with Eloise</b>  11:00 Physio Walks  <b>1:30 Pet Therapy Visits: Winona &amp; Bugly</b>  2:30 Ice Cream Social (S)  3:00 Intergenerational Songs &amp; Stories (S)  <b>3:00 Pet Therapy Visits: Jilaine &amp; Lexi</b>  <b>3:30 Pet Therapy Visits: Laura &amp; Quinn</b>  4:00 Manicures (WH)  <b>6:30 Ladies Aux. Meeting &amp; Entertainment (H)</b></p>	<p><b>7</b></p> <p>9:15 Small Group Exercise Classes (H)  9:45 Outdoor Intergenerational Walks  10:15 Small Group Exercise Classes (S)  <b>10:00 Drink Cart with Jean &amp; Shari</b>  <b>11:00 Chapel Service with Pastor John Trembulak (Lutheran) (C)</b>  11:00 Physio Walks  2:00 Entertainment with Ron Allin (H)</p>	<p><b>8</b></p> <p>10:00 Pet Therapy Visits: Donna &amp; the girls  10:00 Sensory Stimulation  1:30 Outdoor Walks &amp; Bicycle Rides  <b>3:00 Saying the Rosary &amp; Catholic Communion ONLY (C)</b>  4:00 Games Galore (S&amp;H)  <b>6:30 Entertainment with Martin Gelinas (H)</b></p>	<p><b>9</b></p> <p><i>Sip n' Go</i></p> <p>9:15 Small Group Exercise Classes (H)  10:15 Small Group Exercise Classes (S)  11:00 Chair Yoga with Victoria (S)  11:00 Physio Walks  <b>2:00 Entertainment with The Grand Bend Music Group (H)</b></p>	<p><b>10</b></p> <p><b>BARBERSHOP</b></p> <p>10:00 Music in Motion (H)  11:00 Outdoor Walks  2:00 Entertainment with Leavin' Tracks (H)</p>
<p><b>11</b></p> <p>10:00 Outdoor Walks  <b>11:00 Sunday Worship (C)</b>  2:00 Sangria Social (Courtyard)</p>	<p><b>12</b></p> <p>9:30 Small Group Exercise Classes (H)  <b>10:00 Drink Cart with Joan</b>  <b>10:30 Bible Reading (H)</b>  2:00 Bean Bag Toss (H)</p>	<p><b>13</b></p> <p>9:15 Small Group Exercise Classes (H)  10:15 Small Group Exercise Classes (S)  <b>10:30 Tuck Cart: Ladies Aux.</b>  11:00 Physio Walks  2:30 Ice Cream Social (S)  3:00 Intergenerational Songs &amp; Stories (S)  <b>3:30 Pet Therapy Visits: Laura &amp; Quinn</b>  4:30 Library Book Exchange: Pick up  6:00 Horticulture &amp; Outdoor Walks</p>	<p><b>14</b></p> <p>9:15 Small Group Exercise Classes (H)  9:45 Outdoor Intergenerational Walks  10:15 Small Group Exercise Classes (S)  <b>10:00 Drink Cart with Jean &amp; Shari</b>  <b>11:00 Chapel Service with Ervin Steinmann (Mennonite) (C)</b>  11:00 Physio Walks  2:00 Craft Corner with Community Living clients (H)</p>	<p><b>15</b></p> <p>9:30 Baking Corner: Muffins (S)  <b>10:00 Pet Therapy Visits: Donna &amp; the girls</b>  1:30 Outdoor Walks &amp; Bicycle Rides  2:00 Library Book Exchange  <b>3:00 Saying the Rosary &amp; Catholic Communion ONLY (C)</b>  4:00 Balloon Volleyball (S)  6:00 Hand Therapy (H)</p>	<p><b>16</b></p> <p><i>Sip n' Go</i></p> <p>8:00 Men's Breakfast (WH)  9:15 Small Group Exercise Classes (H)  9:30-11:30 Music Therapy Visits  10:15 Small Group Exercise Classes (S)  11:00 Drum Circle (S)  11:00 Physio Walks  <b>2:00 Community Living Bingo (S)</b></p>	<p><b>17</b></p> <p>9:15 Small Group Exercise Classes (H)  10:15 Small Group Exercise Classes (S)  2:00 Painting (S)</p>
<p><b>18</b></p> <p>9:30 Outdoor Walks  <b>11:00 Sunday Worship (C)</b>  2:00 Concentration: Farming Edition (S)</p>	<p><b>19</b></p> <p>9:30 Small Group Exercise Classes (H)  <b>10:00 Drink Cart with Joan</b>  10:15 Small Group Exercise Classes (S)  <b>10:30 Bible Reading (H)</b>  2:00 Reminisce (H)</p>	<p><b>20</b></p> <p>9:15 Small Group Exercise Classes (H)  9:30 Bicycle Rides  10:15 Small Group Exercise Classes (S)  <b>10:30 Tuck Cart with Eloise</b>  11:00 Physio Walks  <b>1:30 Pet Therapy Visits: Winona &amp; Bugly</b>  2:30 Ice Cream Social (S)  3:00 Intergenerational Songs &amp; Stories (S)  <b>3:00 Pet Therapy Visits: Jilaine &amp; Lexi</b>  <b>3:30 Pet Therapy Visits: Laura &amp; Quinn</b>  4:00 Manicures (WH)  6:30 Entertainment with Glen Hodgins (H)</p>	<p><b>21</b></p> <p>9:15 Small Group Exercise Classes (H)  9:45 Outdoor Intergenerational Walks  10:15 Small Group Exercise Classes (S)  <b>10:00 Drink Cart with Jean &amp; Shari</b>  <b>11:00 Chapel Service with Ervin Steinmann (Mennonite) (C)</b>  11:00 Physio Walks  <b>2:00 Garden Railroad &amp; Karaoke (Courtyard)</b></p>	<p><b>22</b></p> <p>10:00 Pet Therapy Visits: Donna &amp; the girls  10:00 Stories (H)  <b>11:00 Piano with Ted Bridle (H)</b>  1:30 Outdoor Walks &amp; Bicycle Rides  <b>3:00 Saying the Rosary &amp; Catholic Communion ONLY (C)</b>  4:00 Games Galore (H&amp;S)  6:00 Hand Therapy (H)</p>	<p><b>23</b></p> <p><i>Sip n' Go</i></p> <p>9:15 Small Group Exercise Classes (H)  10:15 Small Group Exercise Classes (S)  11:00 Chair Yoga with Victoria (S)  11:00 Physio Walks  2:00 Trivia (S)  4:30 Diner's Club: Bean Festival supper (**please sign up) (Courtyard/ WH)  6:30 Bean Festival Car Cruise (Front parking lot)</p>	<p><b>24</b></p> <p>10:00 Horse Races (H)  11:00 Outdoor Walks  2:00 Craft Corner: String Art (S)</p>
<p><b>25</b></p> <p>10:00 Outdoor Walks  <b>11:00 Sunday Worship (C)</b>  1:30 Movie &amp; Snacks (H)</p>	<p><b>26</b></p> <p>9:00-11:00 Coffee &amp; Muffin Fundraiser (WH)  9:30 Small Group Exercise Classes (H)  <b>10:00 Drink Cart with Joan</b>  <b>10:30 Bible Reading (H)</b>  1:30-3:30 Scenic Bus Outing to Goderich (Please sign up**)</p>	<p><b>27</b></p> <p>9:15 Small Group Exercise Classes (H)  10:15 Small Group Exercise Classes (S)  <b>10:30 Tuck Cart with Eloise</b>  11:00 Physio Walks  <b>1:30 Pet Therapy Visits: Winona &amp; Bugly</b>  2:30 Ice Cream Social (S)  3:00 Intergenerational Songs &amp; Stories (S)  <b>3:00 Pet Therapy Visits: Jilaine &amp; Lexi</b>  <b>3:30 Pet Therapy Visits: Laura &amp; Quinn</b>  4:00 Manicures (WH)  6:00 Horticulture &amp; Outdoor Walks</p>	<p><b>28</b></p> <p>9:15 Small Group Exercise Classes (H)  9:45 Outdoor Intergenerational Walks  10:15 Small Group Exercise Classes (S)  <b>10:00 Drink Cart with Jean &amp; Shari</b>  <b>11:00 Chapel Service with Pastor Elise Feltrin (United) (C)</b>  11:00 Physio Walks  2:00 Resident /Food Council (S)</p>	<p><b>29</b></p> <p>10:00 Pet Therapy Visits: Donna &amp; the girls  10:00 Sensory Stimulation  1:30 Outdoor Walks &amp; Bicycle Rides  <b>3:00 Saying the Rosary &amp; Catholic Mass (C)</b>  4:00 Balloon Volleyball (S)  6:00 Movie Night: Hello Dolly Musical (S)</p>	<p><b>30</b></p> <p><i>Sip n' Go</i></p> <p>9:15 Small Group Exercise Classes (H)  10:15 Small Group Exercise Classes (S)  11:00 Pass the Parcel (S)  11:00 Physio Walks  2:00 Sensory Smoothies (S)</p>	<p><b>31</b></p> <p>9:30 Outdoor Nature Walks  11:00 Colouring (H)  1:00 Calendar Delivery &amp; Friendly Visits</p>

Legend: H – Harvest S – Sunset C – Chapel WH – Wallace Hall

Activities in **BOLD** are led by **VOLUNTEERS**